

**IQRA'**  
**Grade – One**  
**Curriculum**  
Grade 5  
**Sirah & Hadith**

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We at IQRA' International Education Foundation are grateful to Allah (SWA) for enabling us to present this Elementary Curriculum of Islamic Studies.

This volume represents years of painstaking research, study, writing, field-testing and evaluation by IQRA's team of educators, scholars and teachers.

This volume marks the completion of the second stage of IQRA's program development. We are now well on our way to completing the junior high school and high school curricula, Insha Allah.

The development and production of this syllabus is a part of IQRA's vision for a comprehensive system of Islamic education that includes:

1. An integrated curriculum from pre-school to high school.
2. A comprehensive program of Islamic and Arabic studies at all grade levels. This includes writing and development of graded *textbooks*, *workbooks*, *enrichment literature*, *parent/teacher manuals*, *educational software* and *educational aids* for five basic Islamic subjects.
3. An Open University and Home-Based Education Program.

In each area, IQRA's work is progressing in an organized and well-planned manner and we hope that by the year 2000, IQRA's vision will become a reality, Insha Allah.

This effort needs a solid commitment to make Islamic education our foremost priority, mobilization of the community's human and financial resources, institutionalization of efforts and coordination with other organizations.

We appeal to all concerned Muslims and Islamic organizations to cooperate with IQRA' and become Ansar of its educational program.

Together, let us establish IQRA' International Foundation as the finest institution of Islamic educational research and development. It would be the best gift that we, the North American Muslims, can give to our children and to the 'Ummah as a whole. Amin.

Chief Editors

Friday, 10 June 1996

## Development During the School Years

### PHYSICAL DEVELOPMENT

The middle years, between the ages of six and twelve, are often referred to as the school years. During this period of development, children undergo a steady growth rate, increase in muscle strength and fine-tune their motor abilities. During this time also, the average child grows about 2 inches and gain 3-6 pounds each year. A rapid development of social skills also takes place during this time.

Between the ages of nine and eleven, the children have 20/20 vision while binocular vision is usually attained by the ages of six.

Through play and interaction with peers, the child expands and refines his or her motor skills. Activities such as jumping, running or throwing help him or her to coordinate and finely-tune basic motor behaviors.

The amount of sleep gradually decreases as the child ages. A normally active and healthy six year old sleeps an average of twelve hours. By the age of twelve, this time is reduced to nine or ten hours of sleep per night. Parents are reminded to regulate their child's daily schedule so that he/she can retire to bed on time and get sufficient sleep.

### COGNITIVE DEVELOPMENT

By this stage in a child's cognitive development, confusions, distractions and inconsistencies of pre-operational thought are gradually being replaced by basic logic. Children become adept at making logical decisions about problems involving "real" or concrete objects. In addition, the development of a new and reversible system of mental operations and the ability to form stable hierarchies of classes and relations begins. The ability to conserve quantity, number and some aspects of space and time forms. They can usually conserve numbers by about six or seven, mass and length between seven and eight, and weight by around nine or ten.

The pre-operational egocentrism found in pre-schoolers is replaced in the school years by increased flexibility, logic and objectivity: children are now able to appreciate situations and circumstances from others' view points. It is important that adults respect their opinions and discuss their ideas and convictions with them in a mature fashion.

During this time, rules and regulations serve as important guidelines for the behavior of six and seven year old. To children of this age, adults are always right. Parents and teachers become serious role models for these children and the Islamically-oriented behavior that is displayed to the children may become a source of their inspiration and training.

#### **Decentration:**

Children can now take into account several aspects of an object or event at the same time. They are able to recognize that there may be more than one way to arrive at a conclusion and they are able to delay action until they consider every option.

They begin to understand the process of transformation (for example, the metamorphosis of a mealworm into a beetle). They are able to understand that certain aspects of the environment are permanent and unchanged, despite changes in their appearance.

### **Time and Distance:**

After the age of eight, children gain better understanding of the passage of time and they are able to classify past and future events according to how recently they occurred. The ability to understand the concept of distance improves as the child grows through the school years.

### **Classification and Seriation:**

Children begin to understand the relationship between a whole and its parts, and can use this to classify objects in sequential order (for example girls may organize their dolls from their least favorite to their most favorite).

### **Memory and Language Development:**

In general, children during this stage have a better long and short term memory capacity than do pre-schoolers. Their ability to communicate improves primarily because they become less concrete, less literal and less egocentric. School-aged children greatly expand their reading vocabulary and improve their understanding of words and word meanings. Emphasis should be placed on providing good literature for the children. Quality Islamic literature especially should be made available for the children to read and enable them to expand their language and religious concepts.

## **SOCIAL DEVELOPMENT**

During these middle years of development, children begin to spend more time with their peers and learn to share and cooperate with them. They can be separated from their parents for longer periods of time with little or no problem. At this point, parents can allow their child to make independent choices, thus helping him or her to prepare for the "real world." However, the selection of friends should be carefully screened by parents, as peers begin to assert greater influence on their children during this crucial time in their moral and social development.

### **Peer Relationships:**

At this stage, children begin to form groups. Friendships are most likely to form between children of the same age, sex, race and among those who share common interests. (1) The most popular children within this age group tend to have good communication skills and they are able to interact well with old friends and new acquaintances.

Games undergo transition from being those that require a high expenditure of energy (such as jump rope and tag) to ones that are more competitive and organized (baseball, kickball). It is at this stage in a child's social development more than any other, that he or she is likely to conform to his/her peers.

(Footnote 1)

In an Islamic school setting, every effort should be made to discourage racial cliques and race should not be a factor in choosing friends among Muslims.

### **The Function of Peers:**

The interaction between children of the same age group is vital at this stage. Through these interactions, children are able to transmit values and ideas and function as playmates and friends. A child's peers influence his or her behavior through modeling and reinforcement and they serve as a standard for comparison. It is important for parents to provide their school-aged children with a Muslim peer group, either through an Islamic school, Masjid, or through social activities.

### **EMOTIONAL DEVELOPMENT**

#### **Fear:**

By the time children reach school age, most of their fears have subsided, since they are better able to separate reality from fantasy. On the other hand fears, such as of failure in school or rejection by teachers, peers and parents, begin to form within the child.

#### **Aggression:**

Children begin to engage in hostile aggression directed towards other people while verbal insults and playground fights that involve pushing, kicking, and hitting become more common. Emphasis on Islamic Akhlaq and manners should be constantly provided by the parents and teachers.

#### **Understanding Others' Feelings:**

Between the ages of six and twelve, children become more skilled at recognizing the causes of emotions in others (e.g. sadness is caused by a specific circumstance or incident). However, they have not yet reached the stage at which they can recognize emotions in others who are of a different age or when a situation that they are faced with is an unfamiliar one.

## How to use elementary curriculum

IQRA' International Educational Foundation has developed a comprehensive course of study spanning the six years of Elementary schooling. This curriculum covers four areas of Islamic knowledge:

*Qur'anic Studies*

*Sirah and Hadith of Rasulullah (S)*

*Fiqh and Ibadah (Islamic Akhlaq and Adab)*

*Islamic Social Studies: Geography and History of the Muslim people,*

*Islamic system of government and laws of economics for Muslims*

We have also developed a separate curriculum for Qur'anic reading, recitation and study of the Arabic language.

The curriculum is comprehensive, in the sense that it covers all basic fields of study of Islamic education at each grade level. It is also very carefully graded, keeping in mind the cognitive, social, emotional and physical characteristics of elementary aged children at each grade level. Following are some special features of this course of study:

### **Statement of Philosophy:**

The syllabus opens with an introduction and a statement of philosophy. We request you to read the statement and formulate a clearly defined philosophical basis for your school and classroom.

### **Characteristics of Elementary-Aged Children:**

Under this heading is a brief description of the physical, cognitive, social and emotional development of elementary aged children. We urge you to read it and understand the behavior and learning process of children under your supervision in the school. Many teachers and parents will need more information about the developmental process of young children than that which is provided here, and this can be easily obtained by studying any of the recommended books on Child Development.

### **Scope and Sequence Chart:**

This chart represents the total sequence of units to be covered during the course of one academic year of Elementary school. The term Scope refers to the amount of information which is made available to the children at a particular grade level.

The Scope of the Islamic history curriculum is developed keeping in mind the physical, cognitive, social and emotional development of children between the ages of six to twelve. The amount of time available to the teacher of Islamic history is also a contributing factor in determining the Scope.

### **The Scheme:**

The course of study is a detailed description of the goals to be achieved during each year of study and over the period of six years of elementary schooling. The goals for each subject at each grade level are clearly defined at the beginning of each section. A few sample activities that may be implemented to achieve these goals are also provided. These activities are merely suggestions for guidance. The teachers are advised to develop their own lesson plans using the pattern of the Kindergarten curriculum lessons as a guide. The goals of each subject are independent enough to be specific to the content of the subject under study, yet integrated enough to present a comprehensive view of the area of study.

### **Scope and Sequence:**

This is the actual planning of the range and order of the amount of information to be shared with students of a specific age group during any given class period. Sequence represents the order in which the entire course of study will be taught during the course of the year and further over the course of six years. The sequence guards the curriculum planners against unnecessary repetition of topics and the scope helps the teachers prepare each lesson at the level of understanding and maturity of the target audience. The depth and maturity of a well-developed and pedagogically conceived curriculum grows with each lesson and attempts to offer fresh challenges to both teachers and students.

### **Bibliography:**

This section contains the recommended books for each subject at each grade level. Most of the textbooks and workbooks listed have been prepared and published by IQRA' International Educational Foundation as an integral part of its; '*Comprehensive and Systematic Program of Islamic Education*'. Each topic of the curriculum is covered in the recommended textbook and accompanying workbook. Within the last ten years, the field of Islamic literature for children has made tremendous progress and the number of books available has grown many-fold. Some of these relevant books have also been recommended as further reading.

At the end of the syllabus, a bibliography of children's books on Islam and Muslims has been provided for the teachers and parents to obtain for their children's enrichment and enjoyment. Insha Allah, our young children will grow to be fine examples of *Muttaqi' Mu'minun*.

### **Field Testing:**

The entire syllabus has been thoroughly tested in a formal school setting under the direct supervision of in-house educators at IQRA' International Educational Foundation. It is only after suggestions and corrections made by cooperating school teachers and editors have been incorporated into this work that the present manuscript is ready for use in the classroom.

# Sirah of Rasulullah (S)

-The life and example of Prophet Muhammad (S)-

## The Philosophy

(Arabic text)

**Ye have indeed in the Messenger of Allah a beautiful example**

*(Al-Ahzab 33:21)*

These words of the Qur'an tell us very clearly that the life-story and sayings of our Prophet Muhammad (S) (*Sirah* and *Ahadith*) are examples for us to follow. Every curriculum for Muslim children should include the study of the *Sirah* as the basis of each unit. Although the *Sirah* of the Prophet (S) should be studied in detail as a separate subject, it should also be incorporated into all other subjects during the course of study. The goal is to bring the life and personality of the Prophet Muhammad (S) as close to the hearts and minds as possible. We hope that our children will grow to be the loving servants and followers of our dear Prophet Muhammad (S), of whom Allah (SWA) Himself says in the Qur'an:

(Arabic text)

*And thou (stands) on an exalted standard of character.*

*(Al-Qalam 68:04)*

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Grade 5

Sirah of Rasulullah (S)

Goal One:

**Knowledge and Comprehension**

**Of the Sirah of Rasulullah (S)**

Knowledge and understanding of events that took place during the life of Prophet Muhammad (S) and development of a deep desire to follow his *Sunnah*

<b>Statement of Performance Objectives</b>  The Students will:	<b>Examples</b>
Study the early life of Rasulullah (S) in Makkah and realize that he was the Mercy to Mankind.	The defeat of Abraha before his birth; his life with Halimah (RA) and the blessings bestowed upon her village, family and animals by Allah (SWA); his days as a youth in Makkah when he settled the dispute over the Black Stone during the rebuilding of the Ka'bah, etc.
Be able to detect various changes which took place in the Makkan society due to the teachings of Prophet Muhammad (S).	People began to believe in Allah (SWA) as the Only Creator; they stopped killing their infant daughters; people stopped drinking alcohol, etc.; changes in the personality and behavior of some of the most influential leaders of Makkah after their acceptance of Islam, e.g. 'Umar ibn al-Khattab (RA), Hamza ibn Abdul Muttalib (RA), etc.
Develop the ability to understand the	The <i>Ansar</i> of Madinah and their

changes that occurred within the Arabian society as a result of their acceptance of Islam.	immediate acceptance of the <i>Muhajirun</i> as their brothers-in-Islam.
Find relations between different events in the life of Prophet Muhammad (S).	Prophet Muhammad's titles of <i>As-Sadiq</i> and <i>Al-Amin</i> ; his trips to Cave Hira for long periods of contemplation; the Revelation; his message and the spread of Islam in Arabia during his lifetime.
Study the meaning and importance of the <i>Sunnah</i> of Prophet Muhammad (S); practice his ways as much as possible.	Detailed study of the <i>Sunnah</i> ; learn and practice some of the ways of the Prophet (S): <i>Taqwah</i> , honesty, sharing, punctuality, fulfilling promises, patience, compassion, etc.

Grade 5

Sirah of Rasulallah (S)

Goal Two:

**Interpretation of the Events of Their Lives  
in light of the Teachings of Rasulallah (S)**

Finding relationships between Allah's Words

in the Qur'an and the words of Rasulallah (S)

<b>Statement of Performance Objectives</b>  The Students will:	<b>Examples</b>
Be thankful to Allah (SWA) in times of triumph and success, and ask His blessings and support in times of difficulty.	Thanking Allah (SWA) in words and through special prayers of <i>Shukr</i> ; by sharing His gifts with others and remaining patient and calm in times of difficulties.
Know that success and failure are from Allah (SWA) and that we should always ask for His guidance.	Not blaming others for an unhappy event and not boasting of a successful endeavor.
Show an understanding that the rise and fall of communities and civilizations are due to their own actions.	The Muslim setback during the Battle of Uhud.  The victory of the Muslims in the Battle of the Ditch.

Grade 5

Sirah of Rasulallah (S)

Goal Three:

## Rasulallah (S) as the best Model

*Shama'il* of Rasulallah (S), titles of Rasulallah (S)

Sayings (*Ahadith*) of Rasulallah (S)

<b>Statement of Performance Objectives</b>  The Students will:	<b>Examples</b>
Believe that every action of Rasulallah (S) was guided by Allah (SWA).	Follow Rasulallah's <i>Sunnah</i> as much as possible each day; pray regularly; recite and study the Qur'an; respect parents; help those in need, etc.
Begin to understand the concept <i>Barakah</i> and the blessings in following the <i>Sunnah</i> of Rasulallah (S).	Help the needy and the poor only to gain the pleasure of Allah (SWA), respect the parents; always tell the truth; and other good deeds that the Prophet practiced regularly.
Learn that Prophet Muhammad (S) was also called <i>Habib-Allah</i> ; "the one whom Allah loves."	Give a few reasons why we believe that Allah (SWA) loved our Prophet (S): He gave Muhammad (S) the final book (the Qur'an); He made him the last <i>Rasul</i> and <i>Nabi</i> and promised that his <i>'Ummah</i> would be the best of all <i>'Ummahs</i> , He always protected Muhammad (S) from his enemies, etc.

Understand the blessings in the following examples of Rasulallah (S).	Happiness and peace in this life and the promise of Paradise in the Hereafter.
Study and memorize some of the <i>Ahadith</i> of Rasulallah (S) and act accordingly to them.	Selected <i>Ahadith</i> on chosen topics.

Grade 5

Sirah of Rasulullah (S)

Fifth Grade Curriculum:

## Scope and Sequence

### Shama'il of Prophet Muhammad (S)

#### His Personality:

Refer to the Hadith Qudsi, reported by 'Ata' (RA)

- A witness of truth
- A warner
- A harbinger of good news
- A servant and Rasul of Allah (SWA)

Impressive, inspirational and attractive personality

Loving temperament

Trustworthy and truthful

Respect and love of the *Sahabah* for the Prophet (S)

#### **Physical Appearance**

Height (average)

Well-built

Color of eyes and hair

Wide Forehead

Hands and arms

Body fragrance

Soft skin

Seal of the Prophethood

#### **Eating Habits**

Sitting while eating

No criticism of food

Removing the shoes before sitting down to eat

Leftovers

Small portions

Washing hands before and after eating

#### **Favorite Food**

Dates, olives, olive oil, meat, vegetables, watermelon,

Pumpkin, cucumber, milk, bread, sweets and vinegar

#### **Drinking Habits**

His cup

Sitting down while drinking

Drinking with ease

Cold and sweet water

### **Dressing Habits**

Clean, simple, proper covering, different colors but white was the favorite

*Habra'* and *'Iba* (cap and turban).

Friday for wearing new clothes

*Du'a'* before putting on the new clothes

Perfumes (*Raihan, Hina, Musk* and *'Ud*)

*Kuhl* in the eyes

### **Personal Care**

Hair style: usually had long hair but sometimes would cut it short.

Care of the nails: would clip them bi-weekly on Thursdays or Fridays

Beard: thick, full beard

Moustache: used to cut very closely

### [Sunnah of Rasulallah \(S\)](#)

Meaning of *Sunnah*

Interpretation

Examples

Sources

Authenticity

*Barakah* in following the *Sunnah*

## Hadith

Meaning and explanation

Significance

How is *Hadith* different from the Qur'an

Levels of authenticity (*Qudsi, Sahih, Da'if, etc.*)

Authenticity of the narration

The authentic chain of transmitters

Some of the Reporters of the *Ahadith*

(names, their relations to Rasulullah (S), brief biographies)

Abu Hurairah (RA)

Abdullah ibn 'Abbas (RA)

'A'isha (RA)

Anas ibn Malik (RA)

## Sayings of our Prophet Muhammad (S)

Selection of twenty *Ahadith* dealing with some aspect of Islamic *Akhlaq*.

## BIBLIOGRAPHY

<b>Textbook</b>	Ghazi, Abidullah: <u>Shama'il of Rasulallah (S), Books I and II</u>  IQRA' International Educational Foundation, Chicago.
<b>Enrichment Books</b>	Ibn Hisham: <u>The Life of the Prophet</u> Dar al-Kitab Al-Masri.  Hussaini, Mazhar: <u>Book of Ahadith Al-Meezan</u> International.