

**IQRA'**  
**Grade – One**  
**Curriculum**  
Grade 4  
**Islamic Social Studies**

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Curriculum

We at IQRA' International Education Foundation are grateful to Allah (SWA) for enabling us to present this Elementary Curriculum of Islamic Studies.

This volume represents years of painstaking research, study, writing, field-testing and evaluation by IQRA's team of educators, scholars and teachers.

This volume marks the completion of the second stage of IQRA's program development. We are now well on our way to completing the junior high school and high school curricula, Insha Allah.

The development and production of this syllabus is a part of IQRA's vision for a comprehensive system of Islamic education that includes:

1. An integrated curriculum from pre-school to high school.
2. A comprehensive program of Islamic and Arabic studies at all grade levels. This includes writing and development of graded *textbooks*, *workbooks*, *enrichment literature*, *parent/teacher manuals*, *educational software* and *educational aids* for five basic Islamic subjects.
3. An Open University and Home-Based Education Program.

In each area, IQRA's work is progressing in an organized and well-planned manner and we hope that by the year 2000, IQRA's vision will become a reality, Insha Allah.

This effort needs a solid commitment to make Islamic education our foremost priority, mobilization of the community's human and financial resources, institutionalization of efforts and coordination with other organizations.

We appeal to all concerned Muslims and Islamic organizations to cooperate with IQRA' and become Ansar of its educational program.

Together, let us establish IQRA' International Foundation as the finest institution of Islamic educational research and development. It would be the best gift that we, the North American Muslims, can give to our children and to the 'Ummah as a whole. Amin.

Chief Editors

Friday, 10 June 1996

## Development During the School Years

### PHYSICAL DEVELOPMENT

The middle years, between the ages of six and twelve, are often referred to as the school years. During this period of development, children undergo a steady growth rate, increase in muscle strength and fine-tune their motor abilities. During this time also, the average child grows about 2 inches and gain 3-6 pounds each year. A rapid development of social skills also takes place during this time.

Between the ages of nine and eleven, the children have 20/20 vision while binocular vision is usually attained by the ages of six.

Through play and interaction with peers, the child expands and refines his or her motor skills. Activities such as jumping, running or throwing help him or her to coordinate and finely-tune basic motor behaviors.

The amount of sleep gradually decreases as the child ages. A normally active and healthy six year old sleeps an average of twelve hours. By the age of twelve, this time is reduced to nine or ten hours of sleep per night. Parents are reminded to regulate their child's daily schedule so that he/she can retire to bed on time and get sufficient sleep.

### COGNITIVE DEVELOPMENT

By this stage in a child's cognitive development, confusions, distractions and inconsistencies of pre-operational thought are gradually being replaced by basic logic. Children become adept at making logical decisions about problems involving "real" or concrete objects. In addition, the development of a new and reversible system of mental operations and the ability to form stable hierarchies of classes and relations begins. The ability to conserve quantity, number and some aspects of space and time forms. They can usually conserve numbers by about six or seven, mass and length between seven and eight, and weight by around nine or ten.

The pre-operational egocentrism found in pre-schoolers is replaced in the school years by increased flexibility, logic and objectivity: children are now able to appreciate situations and circumstances from others' view points. It is important that adults respect their opinions and discuss their ideas and convictions with them in a mature fashion.

During this time, rules and regulations serve as important guidelines for the behavior of six and seven year old. To children of this age, adults are always right. Parents and teachers become serious role models for these children and the Islamically-oriented behavior that is displayed to the children may become a source of their inspiration and training.

#### **Decentration:**

Children can now take into account several aspects of an object or event at the same time. They are able to recognize that there may be more than one way to arrive at a conclusion and they are able to delay action until they consider every option.

They begin to understand the process of transformation (for example, the metamorphosis of a mealworm into a beetle). They are able to understand that certain aspects of the environment are permanent and unchanged, despite changes in their appearance.

### **Time and Distance:**

After the age of eight, children gain better understanding of the passage of time and they are able to classify past and future events according to how recently they occurred. The ability to understand the concept of distance improves as the child grows through the school years.

### **Classification and Seriation:**

Children begin to understand the relationship between a whole and its parts, and can use this to classify objects in sequential order (for example girls may organize their dolls from their least favorite to their most favorite).

### **Memory and Language Development:**

In general, children during this stage have a better long and short term memory capacity than do pre-schoolers. Their ability to communicate improves primarily because they become less concrete, less literal and less egocentric. School-aged children greatly expand their reading vocabulary and improve their understanding of words and word meanings. Emphasis should be placed on providing good literature for the children. Quality Islamic literature especially should be made available for the children to read and enable them to expand their language and religious concepts.

## **SOCIAL DEVELOPMENT**

During these middle years of development, children begin to spend more time with their peers and learn to share and cooperate with them. They can be separated from their parents for longer periods of time with little or no problem. At this point, parents can allow their child to make independent choices, thus helping him or her to prepare for the "real world." However, the selection of friends should be carefully screened by parents, as peers begin to assert greater influence on their children during this crucial time in their moral and social development.

### **Peer Relationships:**

At this stage, children begin to form groups. Friendships are most likely to form between children of the same age, sex, race and among those who share common interests. (1) The most popular children within this age group tend to have good communication skills and they are able to interact well with old friends and new acquaintances.

Games undergo transition from being those that require a high expenditure of energy (such as jump rope and tag) to ones that are more competitive and organized (baseball, kickball). It is at this stage in a child's social development more than any other, that he or she is likely to conform to his/her peers.

(Footnote 1)

In an Islamic school setting, every effort should be made to discourage racial cliques and race should not be a factor in choosing friends among Muslims.

### **The Function of Peers:**

The interaction between children of the same age group is vital at this stage. Through these interactions, children are able to transmit values and ideas and function as playmates and friends. A child's peers influence his or her behavior through modeling and reinforcement and they serve as a standard for comparison. It is important for parents to provide their school-aged children with a Muslim peer group, either through an Islamic school, Masjid, or through social activities.

### **EMOTIONAL DEVELOPMENT**

#### **Fear:**

By the time children reach school age, most of their fears have subsided, since they are better able to separate reality from fantasy. On the other hand fears, such as of failure in school or rejection by teachers, peers and parents, begin to form within the child.

#### **Aggression:**

Children begin to engage in hostile aggression directed towards other people while verbal insults and playground fights that involve pushing, kicking, and hitting become more common. Emphasis on Islamic Akhlaq and manners should be constantly provided by the parents and teachers.

#### **Understanding Others' Feelings:**

Between the ages of six and twelve, children become more skilled at recognizing the causes of emotions in others (e.g. sadness is caused by a specific circumstance or incident). However, they have not yet reached the stage at which they can recognize emotions in others who are of a different age or when a situation that they are faced with is an unfamiliar one.

## How to use elementary curriculum

IQRA' International Educational Foundation has developed a comprehensive course of study spanning the six years of Elementary schooling. This curriculum covers four areas of Islamic knowledge:

*Qur'anic Studies*

*Sirah and Hadith of Rasulullah (S)*

*Fiqh and Ibadah (Islamic Akhlaq and Adab)*

*Islamic Social Studies: Geography and History of the Muslim people,*

*Islamic system of government and laws of economics for Muslims*

We have also developed a separate curriculum for Qur'anic reading, recitation and study of the Arabic language.

The curriculum is comprehensive, in the sense that it covers all basic fields of study of Islamic education at each grade level. It is also very carefully graded, keeping in mind the cognitive, social, emotional and physical characteristics of elementary aged children at each grade level. Following are some special features of this course of study:

### **Statement of Philosophy:**

The syllabus opens with an introduction and a statement of philosophy. We request you to read the statement and formulate a clearly defined philosophical basis for your school and classroom.

### **Characteristics of Elementary-Aged Children:**

Under this heading is a brief description of the physical, cognitive, social and emotional development of elementary aged children. We urge you to read it and understand the behavior and learning process of children under your supervision in the school. Many teachers and parents will need more information about the developmental process of young children than that which is provided here, and this can be easily obtained by studying any of the recommended books on Child Development.

### **Scope and Sequence Chart:**

This chart represents the total sequence of units to be covered during the course of one academic year of Elementary school. The term Scope refers to the amount of information which is made available to the children at a particular grade level.

The Scope of the Islamic history curriculum is developed keeping in mind the physical, cognitive, social and emotional development of children between the ages of six to twelve. The amount of time available to the teacher of Islamic history is also a contributing factor in determining the Scope.

### **The Scheme:**

The course of study is a detailed description of the goals to be achieved during each year of study and over the period of six years of elementary schooling. The goals for each subject at each grade level are clearly defined at the beginning of each section. A few sample activities that may be implemented to achieve these goals are also provided. These activities are merely suggestions for guidance. The teachers are advised to develop their own lesson plans using the pattern of the Kindergarten curriculum lessons as a guide. The goals of each subject are independent enough to be specific to the content of the subject under study, yet integrated enough to present a comprehensive view of the area of study.

### **Scope and Sequence:**

This is the actual planning of the range and order of the amount of information to be shared with students of a specific age group during any given class period. Sequence represents the order in which the entire course of study will be taught during the course of the year and further over the course of six years. The sequence guards the curriculum planners against unnecessary repetition of topics and the scope helps the teachers prepare each lesson at the level of understanding and maturity of the target audience. The depth and maturity of a well-developed and pedagogically conceived curriculum grows with each lesson and attempts to offer fresh challenges to both teachers and students.

### **Bibliography:**

This section contains the recommended books for each subject at each grade level. Most of the textbooks and workbooks listed have been prepared and published by IQRA' International Educational Foundation as an integral part of its; '*Comprehensive and Systematic Program of Islamic Education*'. Each topic of the curriculum is covered in the recommended textbook and accompanying workbook. Within the last ten years, the field of Islamic literature for children has made tremendous progress and the number of books available has grown many-fold. Some of these relevant books have also been recommended as further reading.

At the end of the syllabus, a bibliography of children's books on Islam and Muslims has been provided for the teachers and parents to obtain for their children's enrichment and enjoyment. Insha Allah, our young children will grow to be fine examples of *Muttaqi' Mu'minun*.

### **Field Testing:**

The entire syllabus has been thoroughly tested in a formal school setting under the direct supervision of in-house educators at IQRA' International Educational Foundation. It is only after suggestions and corrections made by cooperating school teachers and editors have been incorporated into this work that the present manuscript is ready for use in the classroom.

# Islamic History and Geography

-a study of the Prophets and nations in the Qur'an and Ahadith-

## The Philosophy

(Arabic Text)

**All that We relate to you of the stories of the messengers**

*With it We make firm your heart; in them comes to you the*

*Truth, as well as an exhortation and a message of remembrance*

*to those who believe.*

*(Al-Hud 11:120)*

The History Curriculum for an Islamic elementary school should attempt to provide experiences in Islamic living through the example of those Muslims who have lived before us. Life and stories of the Prophets of Allah (SWA), as mentioned in the Qur'an and the *Hadith* are the best medium to introduce Islamic history to young Muslims. We believe in developing a historical perspective where historical materials are not merely used as a chain of events, dates and names. Rather, they become a basic fountain of learning through which students are able to relate their own life experiences and which guide them in understanding their environment and in finding their own place in society. Students studying the attitudes and reactions of different people to the messages brought to them by the Prophets of Allah (SWA) serve to help them understand the process of the presentation of the truth, its rejection, and its ultimate triumph.

The children should be made aware of the relationship between obedience to Allah's commands and Allah's rewards, and disobedience to His commands and the consequent punishment. Gaining insight into these processes will enable the children to be receptive to the teachings of the Qur'an and *Sunnah*. They will be encouraged to productively incorporate the teachings into their daily lives at their own level.

An Islamic history program in an Islamic school should be focused on what Allah (SWA) has told us in the Qur'an:

(ARABIC TEXT)

*There is in their stories instruction for men endowed with understanding. It is not a tale invented but a confirmation of what went before it. A detailed exposition of all things and a Guide and a Mercy to those who believe.*

*(Al-Yusuf 12:111)*

Grade 4

Islamic Social Studies

Goal One:

**Geography Concepts**

Knowledge and comprehension of geographical concepts of locations, time, space, distance and direction. Students should be provided with the opportunity to learn and build a schema of different places, distances and direction, by making their homes and countries a point of reference.

<b>Statement of Performance Objectives</b>  The Students will:	<b>Examples</b>
Show an understanding that the location of places can be described in relative terms.	Locate specific places in relation to other places, for example: Saudi Arabia is east of the United States; India and Pakistan are southeast of Saudi Arabia.  Identify major reference points on maps and globes e.g. equator, Tropic of Cancer and Capricorn, Prime Meridian, Qiblah, etc.

Describe the location of places using reference systems.

Describe the term hemisphere; use maps and globes to classify locations in the hemisphere (include locations of Muslim populations; places where some of the prophets were born, etc.)

Use latitude and longitude to locate points in various countries on a map or globe. (Include countries with Muslim majorities and minorities.)

## Geographical Skills

Geographical skills of using maps and field work

techniques in the study of the geography of a region.

<b>Statement of Performance Objectives</b>  The Students will:	<b>Examples</b>
Learn to measure the distance between two points on a plane using the simple linear scale.	Use a simple linear scale to measure the distance between school and the park, the school and home and school and the <i>Masjid</i> .
Locate special features on a map by using four figure coordinates.	On a 1:60,000 ordinance survey map, locate the coordinates of a river or a highway junction, etc.
Find information in an atlas by using the index and table of contents.	Use an atlas to find information about a Muslim country currently in the news.
Learn to measure and record weather using simple tools and observation.	Do temperature readings, estimate the cloud cover, measure rainfall in inches.
Draw sketch maps with symbols and a key.	

## Human Geography

Knowledge and comprehension of the concepts and related issues of:  
population, settlement, communication and economic activities.

<b>Statement of Performance Objectives</b>  The Students will:	<b>Examples</b>
Distinguish between rural and urban areas (population, housing, roads and transportation, etc).	Conduct research to find urban and rural areas in the United States and within their own state. Locate Muslims living in urban and suburban neighborhoods.
Describe the layout of a small neighborhood within a large city. Discuss the special functions of small settlements.	Locate an old settlement (e.g. an Indian reservation) and compare it to a more recent development that has shopping malls and other modern facilities. Discuss how people's lifestyles might differ in these diverse settings.
Develop a critical understanding of the impact of modernization of an older settlement.	Discuss and analyze the possible effects and changes in an old neighborhood due to new shopping centers, housing developments, highways, etc.
Understand the need for communication and transportation between communities and settlements.	Discuss different forms of communication (telephone, mail, railroads, highways, streets electronic mail, etc.)

<p>Plan roads and railways to connect four or five settlements in their state.</p>	<p>Plan railroad connections from their city/village to other cities and villages, so that even the most remote areas are accessible. Keep in mind that steep hills, shallow waterlogged plains, etc. should be avoided when planning routes.</p>
<p>Study different ways in which land is used. Discuss conflict between land developers and preservation societies (Greenpeace, Environmental Protection Agency, etc.)</p>	<p>Discuss the effects of farming or relief, soils and weather, the size of the farm and technology which the farmer can use. Select a specific open area in their city and discuss possible uses for it, keeping in mind the economic advantages to the community, the effect on the environment, etc.</p>

## Environmental Geography

Knowledge and comprehension of the concepts and related issues of:

the environment as an *Amanah* from Allah (SWA); using natural resources wisely and avoiding

their misuse; ways to guarantee the quality of the environment; the fact that the environment

is vulnerable to: steps to protect the environment; ways to better manage the environment.

<b>Statement of Performance Objectives</b>	<b>Examples</b>
The Students will: Study different elements of our environment and evaluate their present state.	Work in groups to select topics related to water, air, land, plants and animals. Research and report their contributions to the health and survival of human beings.
Identify main sources of fresh water and discuss ways of keeping them pollution-free.	Conduct research to discover sources of fresh water (rivers, lakes and un
Identify the importance of air for our survival. Discuss ways to keep the air clean.	

## Physical Geography

Knowledge and comprehension of the concepts and related issues of:  
the fact that the atmosphere consists of four basic spheres: the atmosphere,  
the hydrosphere,  
the lithosphere and the biosphere; all of which must be remain in equilibrium for  
the survival  
of the Earth and its inhabitants.

<b>Statement of Performance Objectives</b>  The Students will:	<b>Examples</b>
Analyze the effect of the condition of a site on the temperature of its surface or area.	Distinguish between sunny and shaded areas and their temperatures, identify the difference in temperature of different surfaces, e.g. grass and tarmac, marsh and sand.
Explain the effect of buildings and walls (site condition) on the strength and the direction of wind.	Measure the effect of buildings and wells on the speed and direction of wind using available data.
Understand the process of erosion, transportation and deposition of natural materials.	Make a trip to a nearby river basin, beach, forest, waterfall or desert to collect evidence and samples of transported, deposited or eroded materials.

Learn more about rivers (in their country), their sources, tributaries, mouths and basins.	Identify a river on a map or a physical model and locate its source, its mouth, channel and tributaries. Trace its path.
Develop a concept of the Earth's movement and learn that sometimes, some movements of the earth can be violent. Analyze the cause of volcanoes and earthquakes.	Study photographs of the effects of earthquakes and volcanic eruptions. Note effects on the land, population, and wildlife in the area.

## Scope and Sequence

### 1. Islamic History

Fourth graders should study the biographies and teachings of the following Prophets of Allah (SWA) with a historical and moral perspective: Prophets Yunus, Zakariyah, Yahya and Isa 'Alaihim as-Salam, and Prophet Muhammad (S) as the Seal of the Prophethood.

Lessons from the histories of the Prophet of Allah (SWA) and their people

Iblis is our enemy. He tries to misguide us from the path of Islam.

Everyone is responsible for his or her own actions. Allah (SWA) is Kind and Merciful but He becomes angry when we do not follow the teachings of His Prophets.

Arrogant, proud and jealous leaders can destroy a nation: the leaders of the people of Nuh (AS) made Allah (SWA) angry and He punished them.

Obedience to Allah (SWA) should be our primary goal, even if it means disobeying our parents, friends and leaders: study the example of Prophet Ibrahim (AS).

Allah (SWA) has created men and women with definite roles and, as Muslims, we should fulfill our responsibilities properly: lessons from the story of Prophet Lut (AS) and his people.

Allah (SWA) is the Greatest Protector and He takes care of His people against the atrocities of ruthless rulers. Lessons from Musa (AS), his people and the army of the Kings of Egypt.

Allah (SWA) is Omnipotent; when He wishes, He can do things which are not possible for human beings to even imagine; the miracle of Prophet 'Isa (AS); the favor to Zakariyah (AS); patience is a virtue; Prophet Yunus (AS) and Allah's Mercy.

All of the Prophets brought Allah's Din, Islam, to the people of the earth and the last one of them was the Prophet Muhammad (S). There will be no other Prophet after him.

The last scripture, the Qur'an, will be here forever to guide us and teach us the ways of Allah (SWA).

We should believe in all the Prophets of Allah (SWA) and follow their teachings.

We should be honest and fair in all our dealings and communications with others.

## 2. Islamic Geography

History and geography of the following cities:

Jerusalem and Timbuktu

Timbuktu:

Timbuktu is a famous Islamic city in West Africa

Timbuktu is North of the Niger River and South of the Sahara Desert

It is located in a part of Africa known as the Sahel

Study the role of the Niger River in the growth of Timbuktu

Study the history of Timbuktu

Muslim traders brought Islam to Timbuktu

Study traditions and learning in Timbuktu

Study the layout and architecture of the city

Study sources of economy in Timbuktu

Jerusalem:

Located in Palestine

Damascus is North of Jerusalem

Bethlehem is South of Jerusalem

The Mediterranean Sea is West of Jerusalem

Baghdad is to the East of Jerusalem

Jerusalem is the third holiest city for Muslims

Prophet Musa (AS) led his people from Egypt to Palestine

Prophet Ibrahim (AS) migrated from Iraq to Palestine

Prophet Isma'il (AS) was born in Palestine

Prophet 'Isa (AS) lived in Jerusalem

There are many famous churches, synagogues and Masajid in Jerusalem

Study the difference between the old and new city of Jerusalem

Locate Makkah, Madinah, Baghdad, Jerusalem and Timbuktu on the world map.

Using a scale map, work out the distance between Jerusalem and Timbuktu, etc.

Using a map of their native country, list four-digit references for physical features;  
e.g. Lake

Michigan, the Rocky Mountains and the Red Sea.

Use a thermometer to measure the outdoor and indoor temperature

Estimate cloud cover using an Oktas scale

Be able to predict rain fall by observing color and density of the clouds

Measure the acidity of rain water and state the reasons for these findings

Give reasons for poor air quality (car exhaust, carbon monoxide, factory fumes; over-crowding, etc.)

A unit on My State should be added to supplement the regular Social Studies program

Our state, its capital city, large cities in my state, important institutions, etc.

Muslims living in our state

Facilities for Salah in our state

Places we should visit in our state

Activities of MYNA, MSA and other Muslim organizations in our state

Locating our city on the map of the state

Some important Muslims in our state

Important Islamic institutions in our state

Ways of networking with other Muslims in the state

### 3. Economics

Resources of my state

Business and industries of my state

Determine whether these businesses are lawful according to Islamic Shariah; for example

The state of Wisconsin is famous for its dairy industry and this is a Halal business.

On the other hand, the Milwaukee Breweries, for which Wisconsin is also famous, is a Haram and unlawful business to participate in.)

#### 4. Civics

State government

Ways of selecting or electing a leader

Roles and responsibilities of the head of state: the governor

Rights and responsibilities of the citizens

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